

The MEDEX Primary Health Care Series

Illustrations for Training Community Health Workers



COMMUNITY LEARNING MATERIALS



THE MEDEX PRIMARY HEALTH CARE SERIES

After completion of extensive field trials in Micronesia and in primary health care programs in Lesotho, Guyana, Pakistan, and Thailand, the methods and materials of the MEDEX technology have been published as The MEDEX Primary Health Care Series. The Series provides a systematic, practical, adaptable format for management and training in new or existing primary health care programs at all levels.

The 35-volume Series is organized into three major categories of Management Systems Development

Materials, Mid-Level Health Worker Training Materials, and Community Health Worker Training Materials. The Series is appropriately balanced between promotive, preventive, and curative needs in primary health care.

The methods and materials of the MEDEX technology are suitable for national scale programs as well as smaller projects, and can be used in whole or in part as circumstances demand. One of the greatest strengths of the MEDEX technology is its flexibility and sensitivity to local conditions.

VOL.

- 1 The MEDEX Primary Health Care Series: An Overview

MANAGEMENT SYSTEMS DEVELOPMENT MATERIALS

The Systems Development Materials include a module for training management analysts, workbooks for use in analyzing management systems, and a manual for conducting district and national planning and management workshops.

- 2 Student Text and Instructor's Manual Management Analysis Training Module

- 3 Drugs and Medical Supplies System Workbook
General Supplies System Workbook
Facilities and Equipment Maintenance System Workbook
Transportation System Workbook

- 4 Communication System Workbook
Personnel System Workbook
Finance System Workbook
Health Information System Workbook

- 5 District and National Planning and Management Workshops Manual

MID-LEVEL HEALTH WORKER TRAINING MATERIALS

The Mid-Level Health Worker Training Materials, which can be adapted to the specific needs of a country, include procedures and materials for preparation of instructors, evaluation of trainees, preparation for the community phase of training, and development of a continuing education program. The materials ensure that students acquire the skills and knowledge they will need to provide primary health care services, to manage a small health facility, and to train community health workers.

Training Program Development Manuals

- 6 Training Process Manual: Curriculum Adaptation, Instructor Preparation, Program Management

- 7 Continuing Education Manual

- 8 Training Evaluation Manual
Community Health Modules

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Identifying the Preventive Health Needs of the Community
Meeting the Preventive Health Needs of the Community
Training and Supporting Community Health Workers

Basic Clinical Knowledge and Skills Modules

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Medical History
Physical Examination

General Clinical Modules

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Genitourinary

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Other Common Problems

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Postnatal Care

- 23 Student Text 24 Instructor's Manual
Problems of Women
Diseases of Infants and Children
Child Spacing

Health Center Management Modules

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Working with Support Systems

- 27 Student Text and Instructor's Manual
Supervising and Supporting Mid-Level Health Workers

Reference Manuals

- 28 Formulary
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- 29 Patient Care Procedures

- 30 Health Center Operations

- 31 Community Health

COMMUNITY HEALTH WORKER TRAINING MATERIALS

The Community Health Worker Training Materials are designed for training literate and non-literate community health workers to carry out specific tasks. The teaching approach emphasizes dialogue between trainer and trainee. Other methods employed include role-play, demonstrations, stories, and extensive use of visual aids. The materials are geared to practical skill development through maximum interaction with the trainer. The workbooks emphasize promotive and preventive skills, but include selected basic curative skills as well.

The workbooks can be used to train new community health workers or to provide continuing education for existing community health workers. To prepare mid-level health workers to train community health workers, these workbooks are used along with the community health modules.

- 32 Introduction to Training
Clean Water and Clean Community
Prevention and Care of Diarrhea

- 33 Healthy Pregnancy
Feeding and Caring for Children

- 34 Some Common Health Problems
Tuberculosis and Leprosy
First Aid

- 35 Community Learning Materials:
Health Problems in the Community
Caring for Your Child
Caring for Your Sick Child
Clean Home and Clean Community
Illustrations for Training Community Health Workers

To order books or to obtain further information on The MEDEX Primary Health Care Series, write:
The MEDEX Group, University of Hawaii, 1833 Kalakaua Ave., #700, Honolulu, Hawaii 96815-1561, U.S.A.

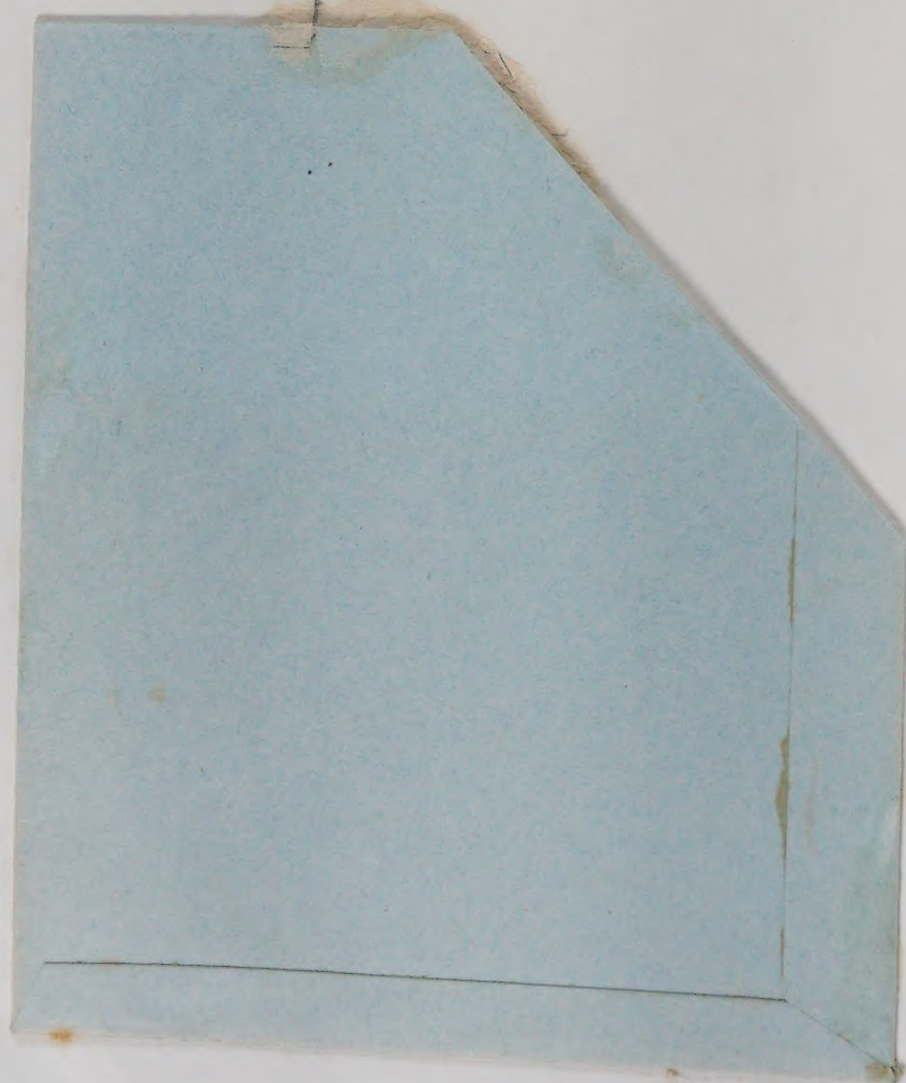
The MEDEX Primary Health Care Series

*Illustrations
for Training
Community Health
Workers*

COMMUNITY LEARNING MATERIALS

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Health Manpower Development Staff
John A. Burns School of Medicine
University of Hawaii, Honolulu, Hawaii, U.S.A.



COMMUNITY HEALTH

INTRODUCTION

What Can This Book Accomplish?

This book contains a wide range of information about community health. It is intended to be a practical guide for the health worker in the field. It is not a textbook. It is not a reference work. It is a book that can be used by the health worker in the field to help him or her to understand the community health situation in his or her area and to plan and implement a community health program.

Illustrations by June D. Mehra and Mokhotso Pakisi

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INTRODUCTION

What Does This Book Contain?

This book contains sets of illustrations taken from the workbooks for training community health workers. The illustrations in this book are larger than the illustrations in the workbooks. The illustrations in this book are organized according to the titles of the workbooks. Each illustration is labeled with the name of the set to which it belongs.

WORKBOOK TITLE	SET OF ILLUSTRATIONS
Introduction to Training	Health in the Community
Clean Water and Clean Community	Water and Health
	The Lady Who Built a Tower
Prevention and Care of Diarrhea	Diarrhea Cycle of Health
Healthy Pregnancy	Mateboho Has a Baby
Feeding and Caring for Children	Feeding and Caring for Children
Tuberculosis and Leprosy	The Story of Grandmother Mamosa
First Aid	First Aid

You will find a few other illustrations also included.

Who Can Use This Book?

Trainers of community health workers can use the illustrations in this book. Trainers can use the illustrations to train community health workers. The large size of the illustrations will help the trainers use this book with groups of community health workers. All the illustrations are taken from the workbooks for training community health workers. Trainers can use the illustrations with the workbooks.

Community health workers can also use the illustrations in this book. During their training community health workers can practice using the illustrations as community learning materials. After their training community health workers can use the illustrations as community learning materials. They can use community learning materials when they discuss health and health problems in the community.

Other health workers can also use the illustrations in this book. They can use the illustrations when they discuss health and health problems in the community or at the health center.

How You Can Use This Book

The illustrations in this book are designed to help everyone learn together. For reasons of cost and portability the prototype illustrations are printed on paper. After adaptation print the illustrations on cards or stick the illustrations on separate cards. Then you can show the illustrations one by one. The illustrations are designed to create a dialogue between the trainer and the community health workers. The illustrations also help the community health workers discuss health subjects with people in the community. Through dialogue and discussion people learn from each other. Through dialogue and discussion people find solutions to problems that are close to the needs and resources of their community.

Here are some ways to use the illustrations in this book.

HEALTH IN THE COMMUNITY

Use these illustrations to discuss what people think keeps them healthy. Ask people to think of things that help to keep them healthy. When people mention a subject, place the illustration showing that subject in the middle of the group. Discuss with the group things that help make a community healthy.

WATER AND HEALTH

Show the first four illustrations to the group. Ask the group to tell you what sources of water they use in the community. Discuss sources of water and how to keep sources of water clean.

Now discuss the steps mother takes to collect, store, and use water. Show the next six illustrations to the group. Ask the group what mother can do at each step so her child gets clean water to drink. Use the rest of the illustrations to discuss all the things mother can do, such as clean the bucket, cover the water, and so on.

THE LADY WHO BUILT A TOWER

The narrative for this story is in the workbook "Clean Water and Clean Community." Change the story to fit the beliefs and practices in your area. Write your own story to go with the illustrations. Tell the story to the group. Then discuss the story with the group. Discuss why people should build latrines. Also discuss what materials people can use to build latrines.

DIARRHEA CYCLE OF HEALTH

"Cycle of health" illustrations can help the group discuss and decide how to solve a health problem. Diarrhea is an example of one health problem. You can develop similar materials on other common health problems in your area. The purpose of the illustrations is to show how to "break" the cycle of the health problem. The first fifteen illustrations are on white pages. They show the cycle of diarrhea. The next eight illustrations are on green pages. They show how to "break" the cycle of diarrhea.

Here are three of the ways you can use the Diarrhea Cycle of Health.

METHOD 1

1. Use the illustrations on white to tell a story about how a child becomes more and more sick with diarrhea. Show one illustration at a time. Show the illustrations in the order shown in the workbook "Prevention and Care of Diarrhea."
2. Place the illustrations in a circle in front of the group as you tell the story.
3. Ask the group if they understand the illustrations and the story.
4. Ask the group to think of ways to "break" the cycle so the child stays healthy.
5. Give the group the illustrations on green. Ask the group to use the illustrations on green to break the cycle. The illustrations on green show improved health practices.
6. Ask the group to place the illustrations on green with improved health practices over practices that make the child sick with diarrhea. The group covers all the unhealthy practices with healthy practices. The cycle now shows healthy practices so that the child does not become sick with diarrhea.
7. Ask the group which healthy practices in their community will break the cycle of diarrhea. Ask the group which healthy practices are the most important in their community. Listen to what the group thinks of practices in the community. Ask questions and discuss how people can help so children do not get sick with diarrhea. Also discuss how children can be helped from becoming too sick when they do not get diarrhea.

METHOD 2

1. Distribute all the illustrations on white to the group.
2. Ask the group if they understand the illustrations.
3. Ask the group if they recognize the health problems shown in the illustrations.
4. Ask the group to make the cycle of diarrhea using the illustrations. Ask the group to tell a story about the illustrations. You can help the group put the story together.
5. Now follow steps 4 to 7 in Method 1.

METHOD 3

1. Arrange some of the illustrations on white to show the cycle of diarrhea.
2. Ask the group to think of the missing illustrations and to add them to the cycle.
3. Work with the group to tell a story about the cycle of diarrhea.
4. Then follow steps 4 to 7 in Method 1.

MATEBOHO HAS A BABY

The narrative for this story is in the workbook "Healthy Pregnancy." Change the story to fit the beliefs and practices in your area. Tell the story to the group. Then discuss the story with the group. You can also use the story to do a role-play. A role-play will help learners to practice skills that are included in the story.

FEEDING AND CARING FOR CHILDREN

These illustrations summarize the workbook, "Feeding and Caring for Children." You can use these illustrations to share information that you learn in the workbook.

THE STORY OF GRANDMOTHER MAMOSA

The narrative for this story is in the workbook, "Tuberculosis and Leprosy." This is an example of how you can use a story to share information about a health problem like leprosy.

FIRST AID

These illustrations are from the workbook, "First Aid." Use these illustrations to demonstrate the steps in a procedure.

INTRODUCTION TO TRAINING









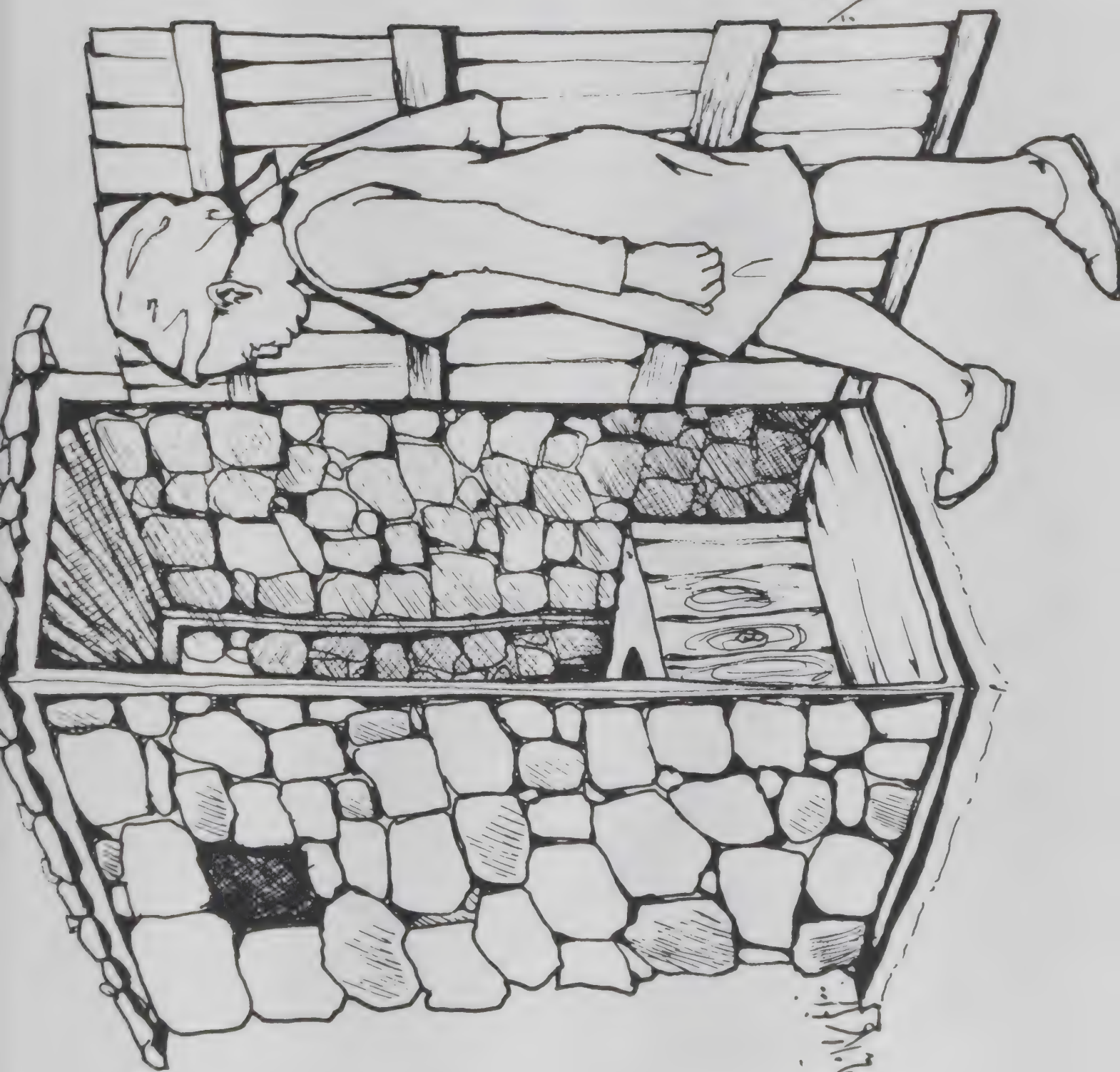


HEALTH CENTER





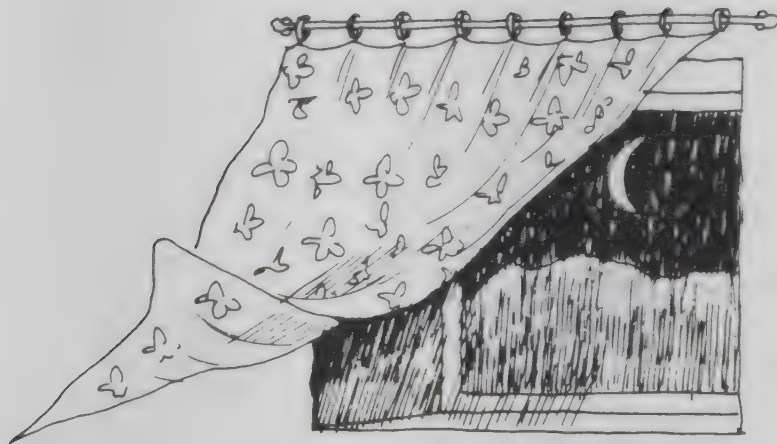




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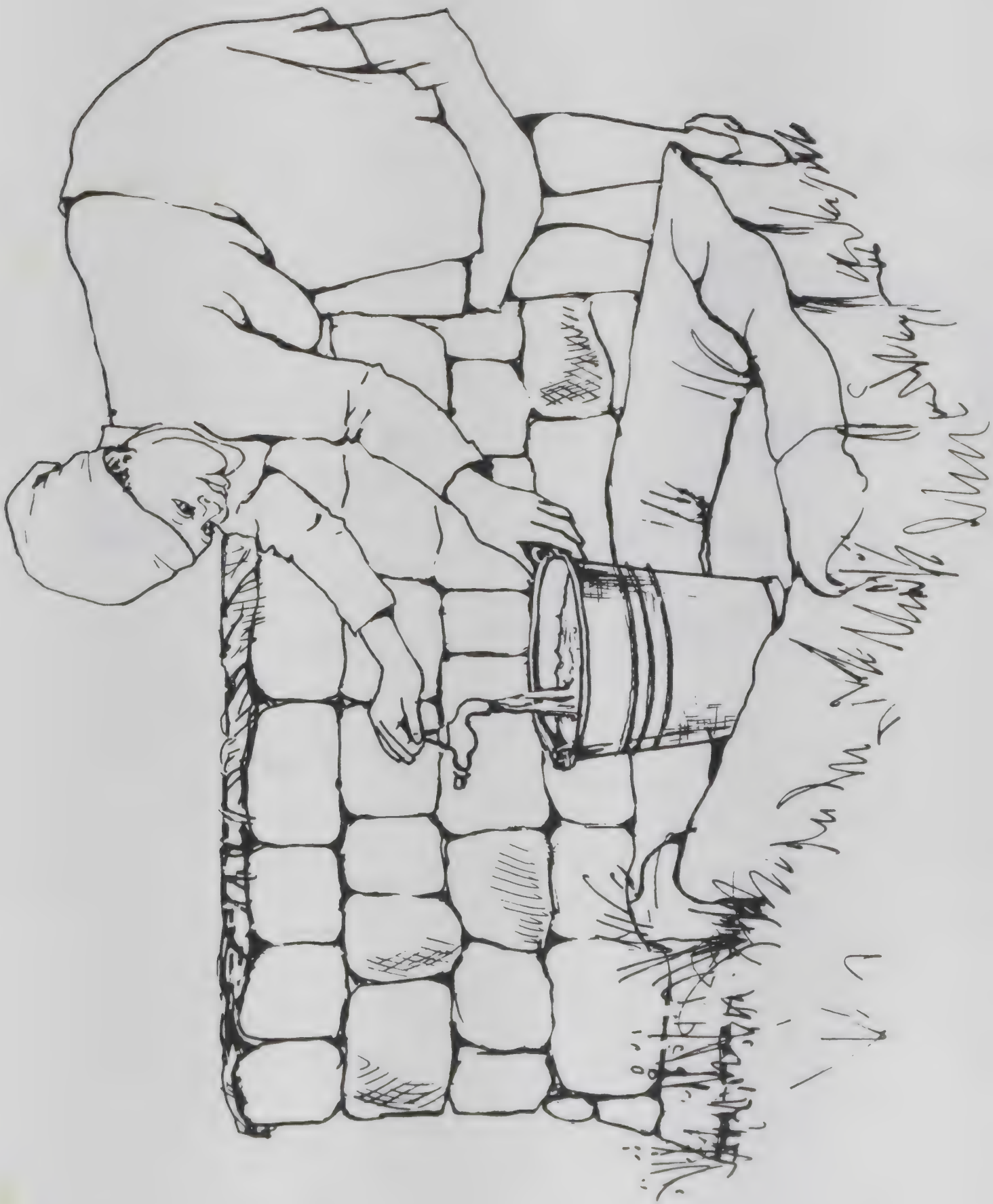




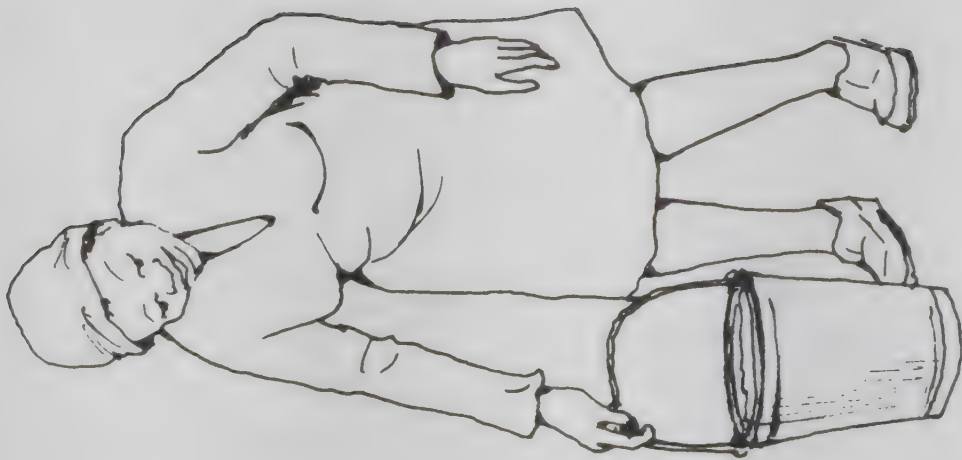












Water



Water











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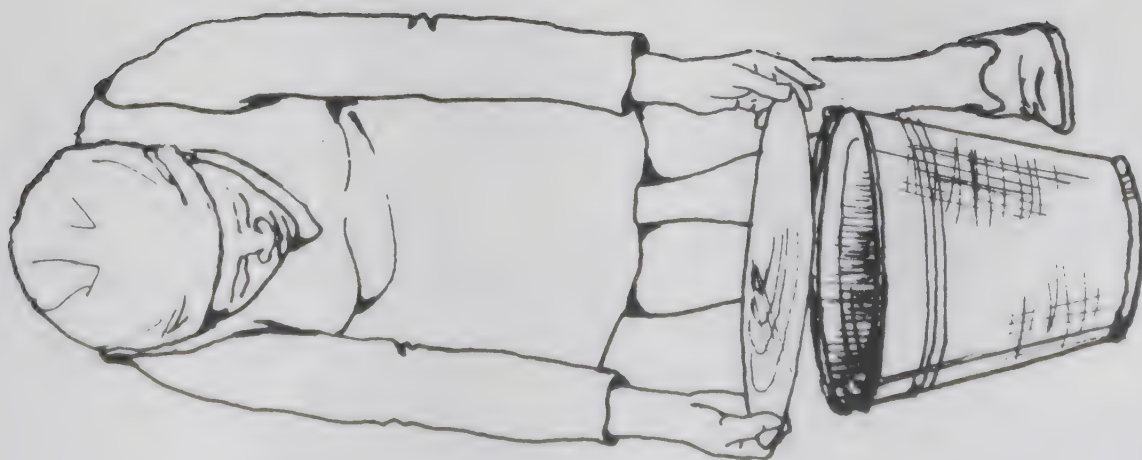
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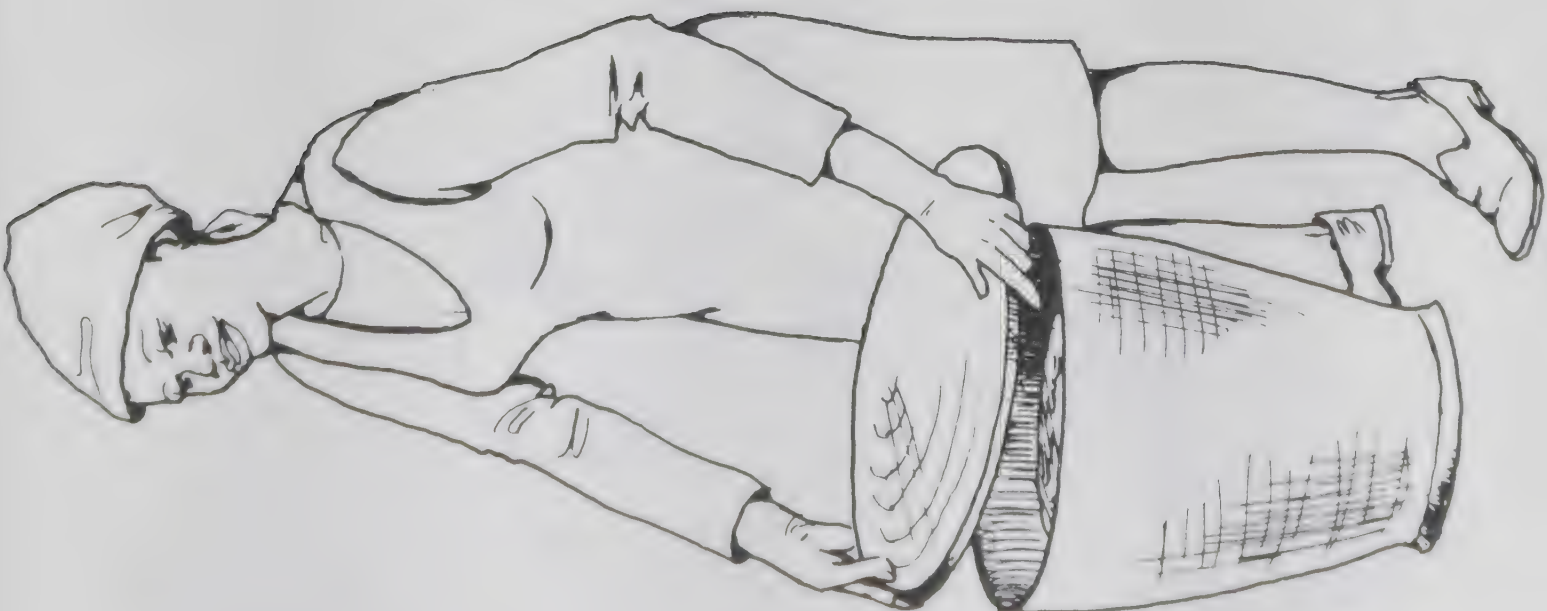
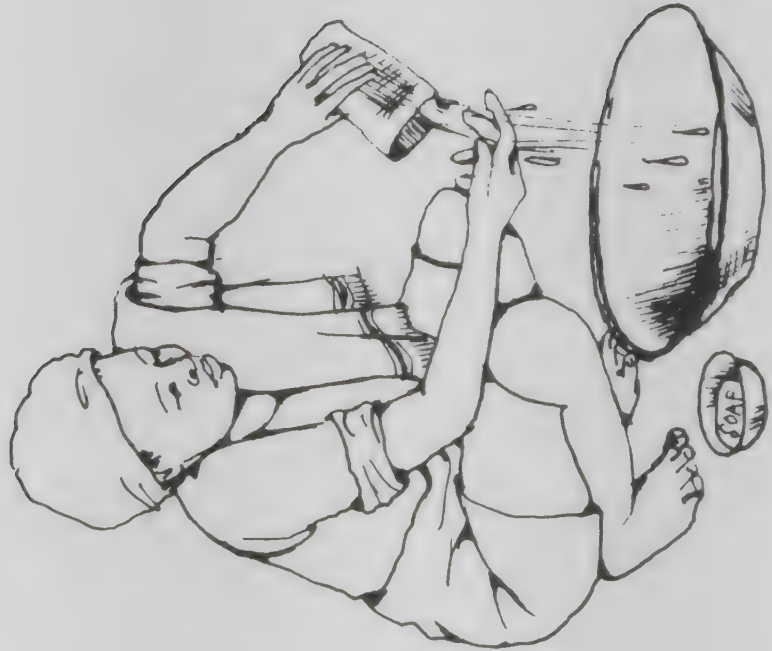
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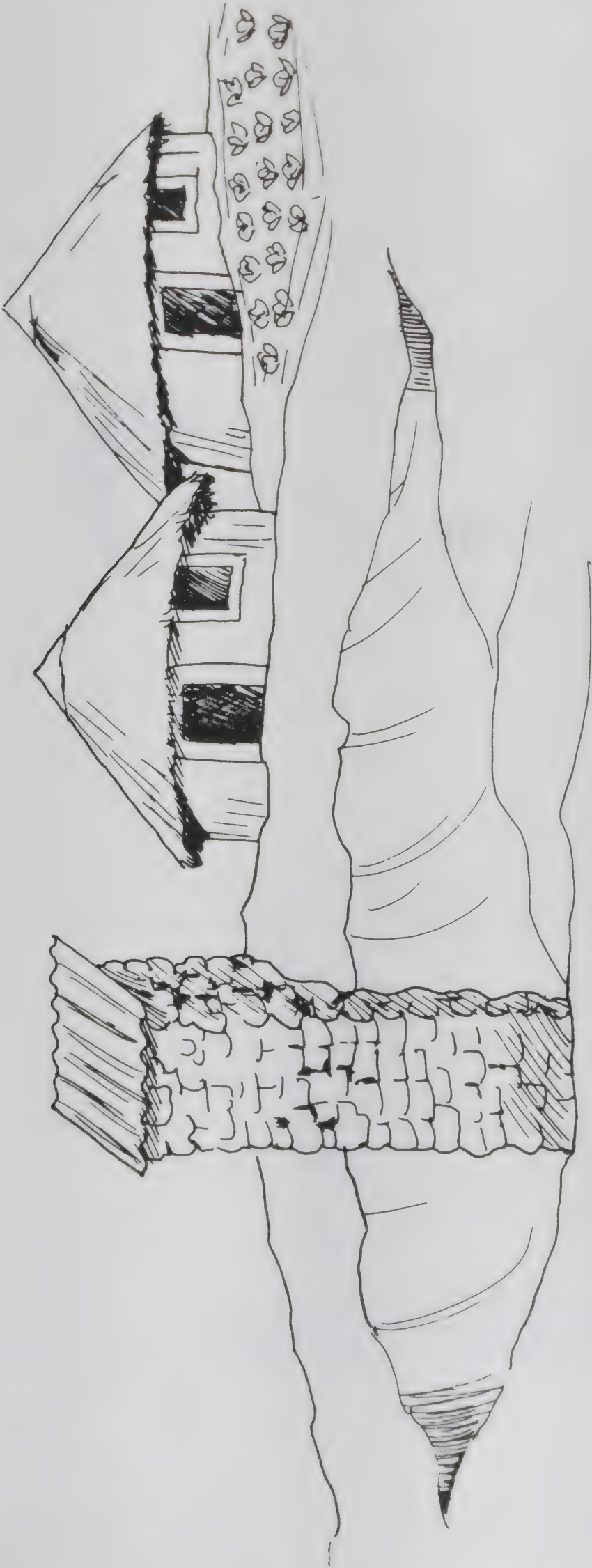




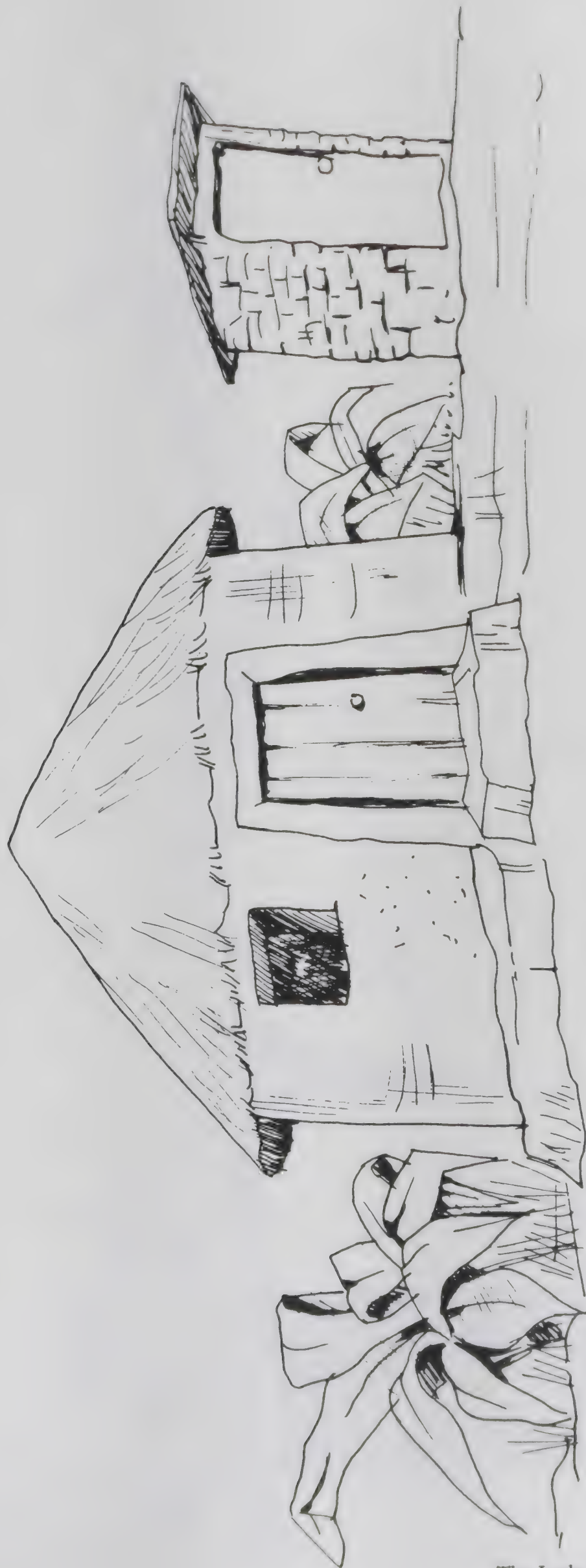


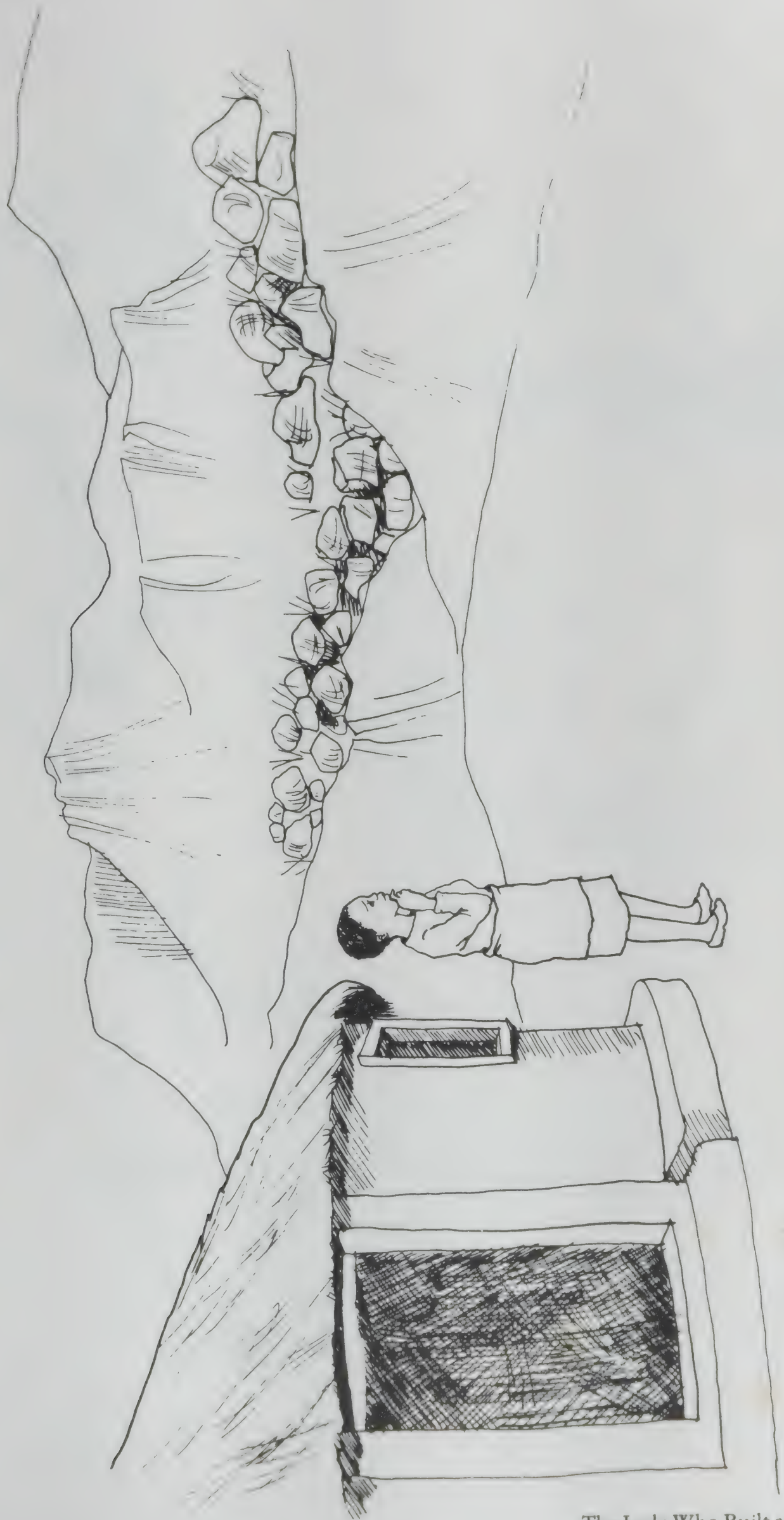








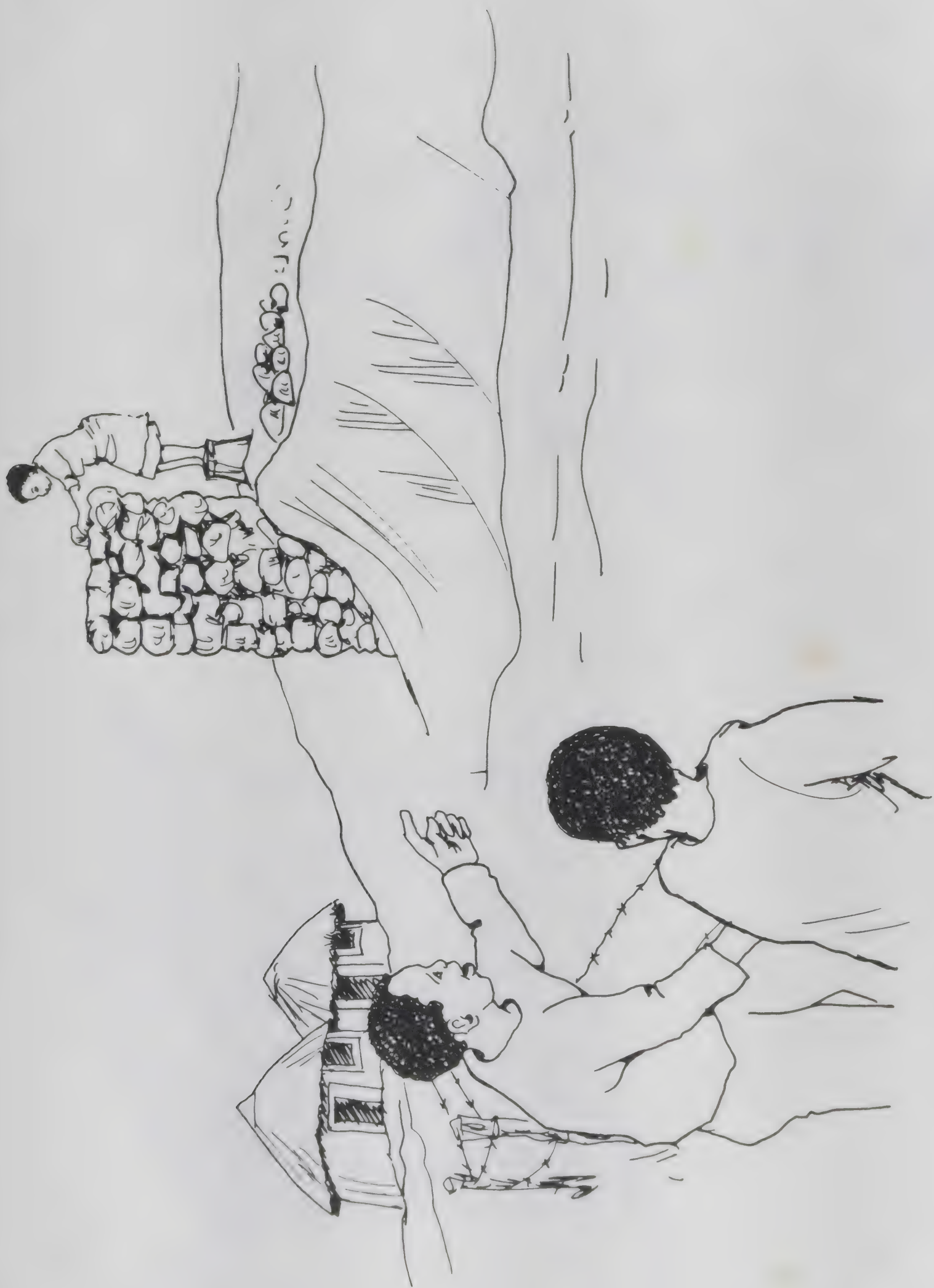






















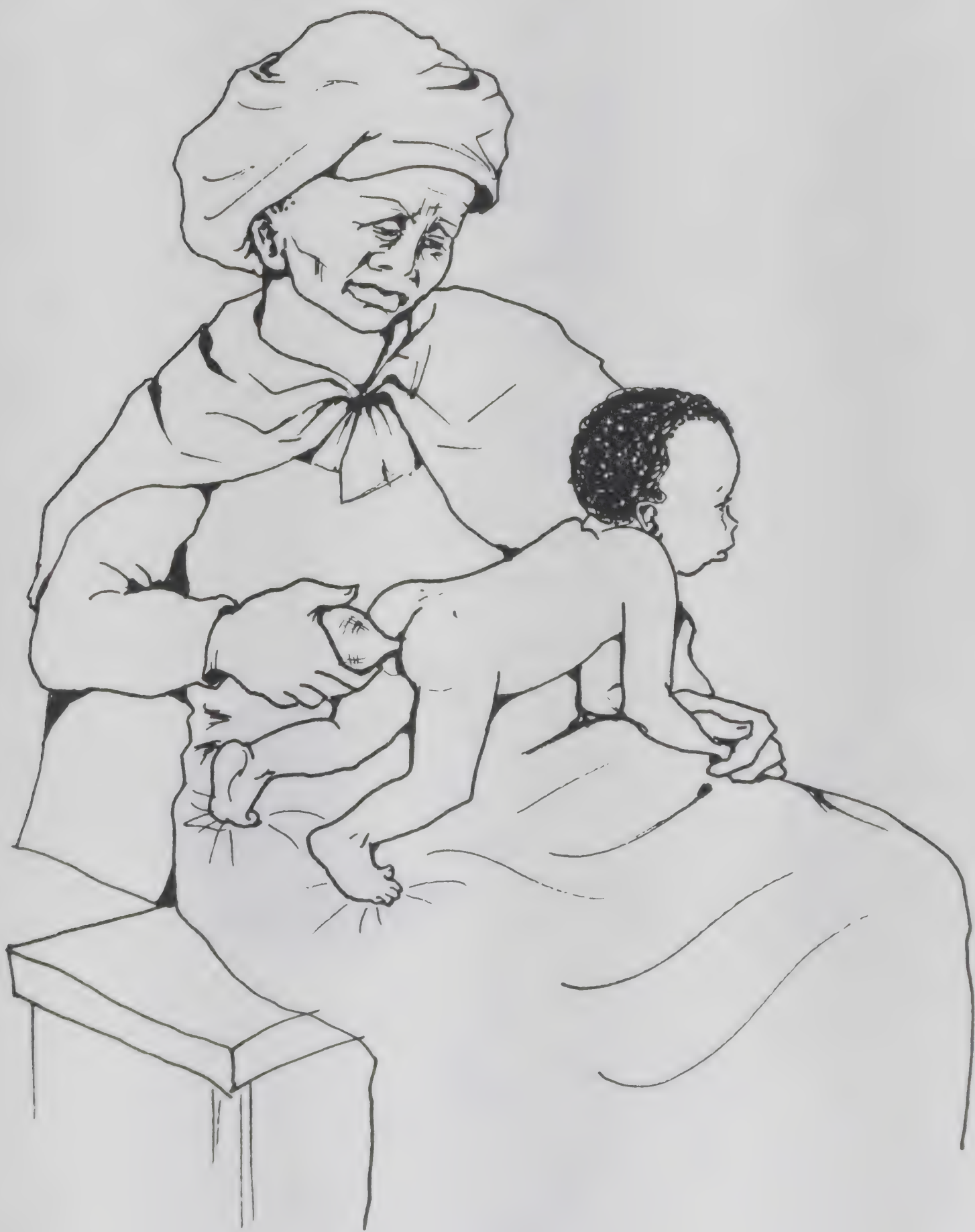
















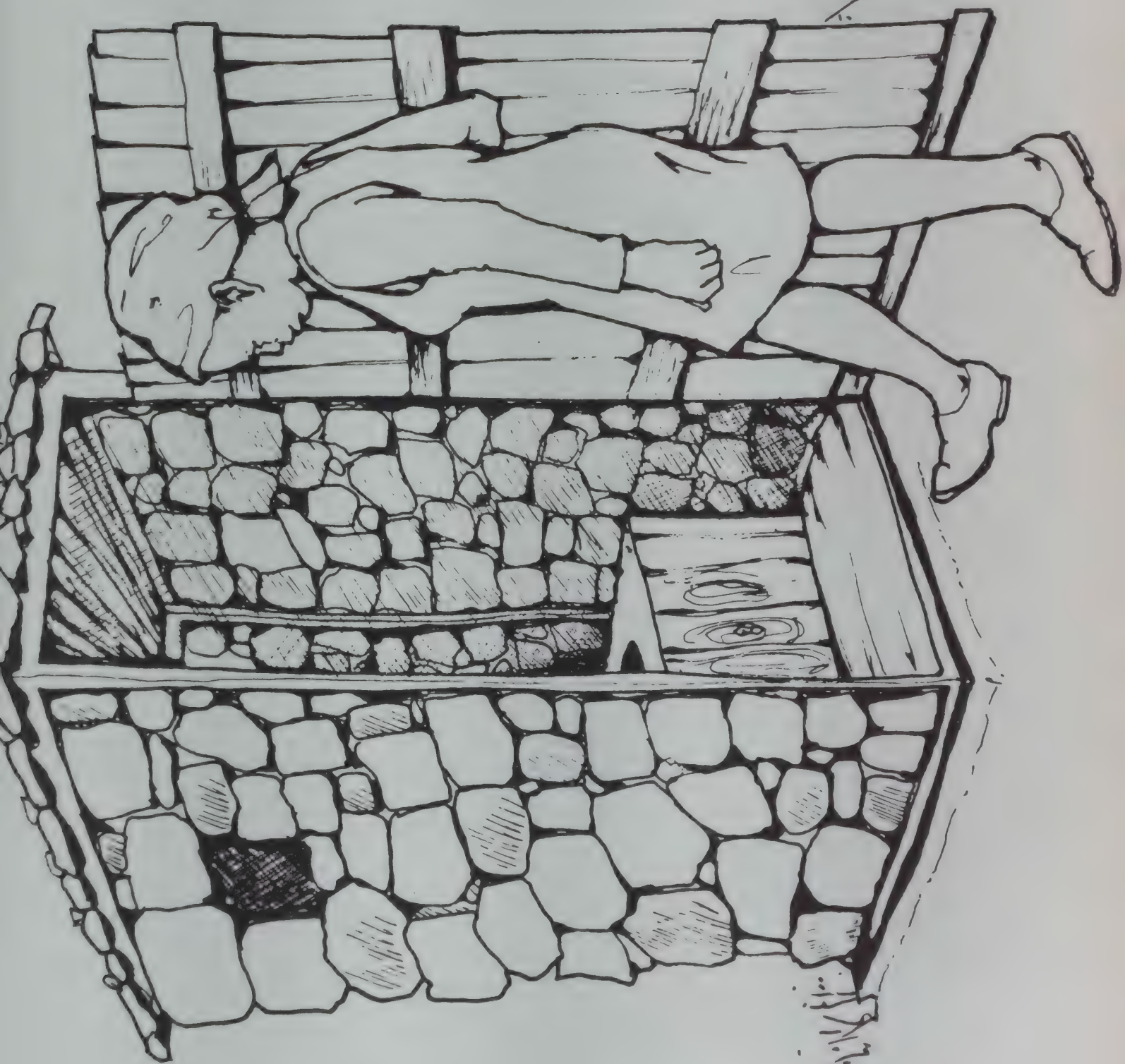












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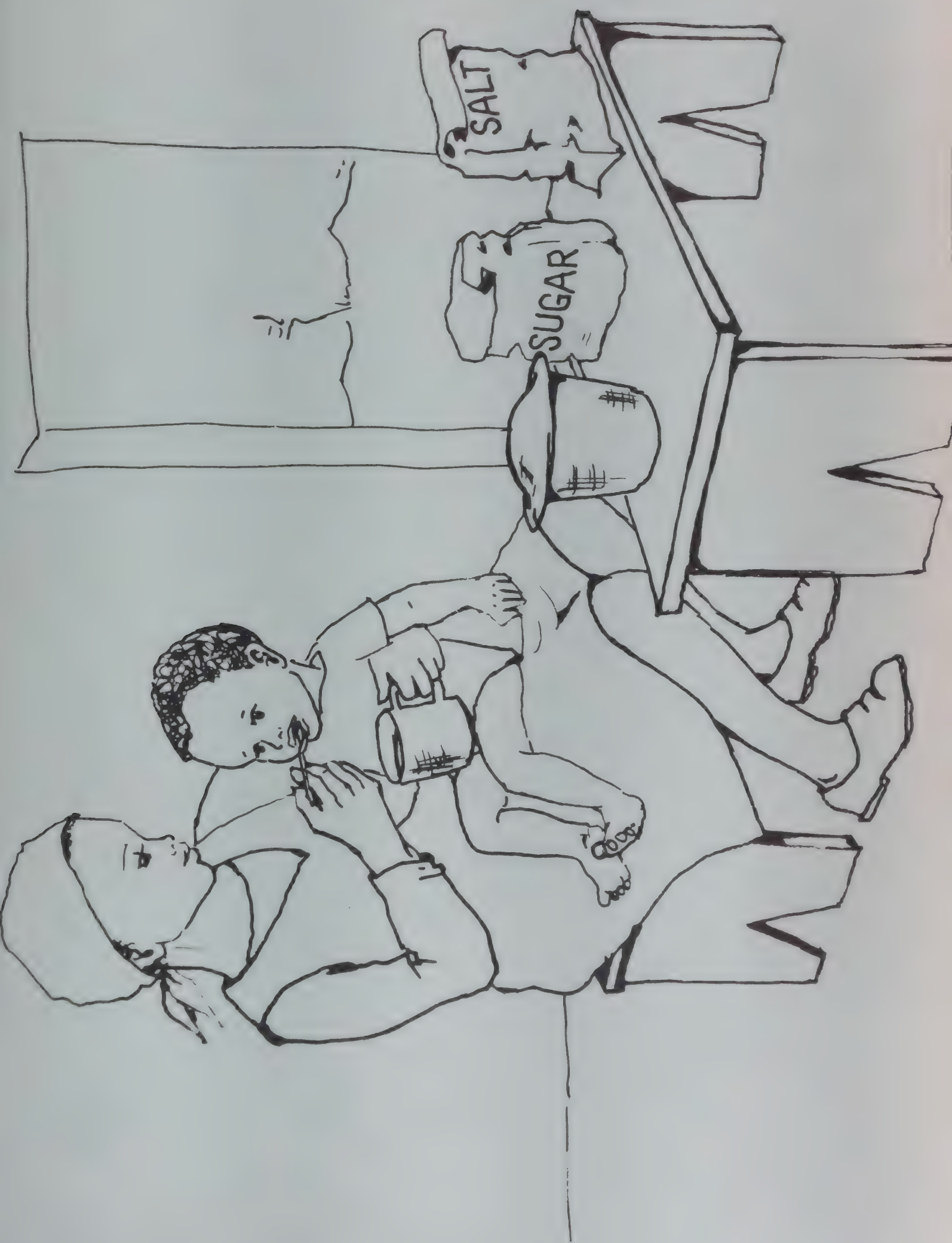
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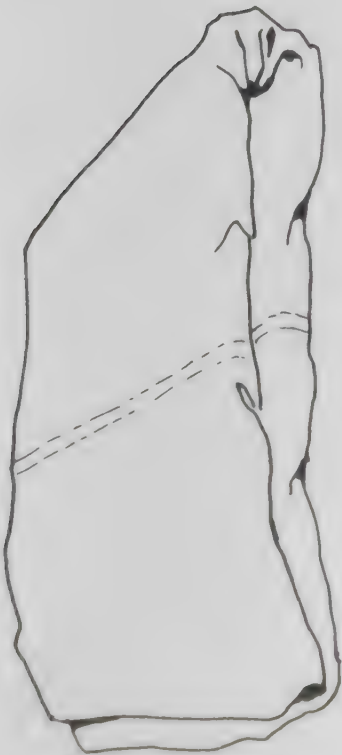










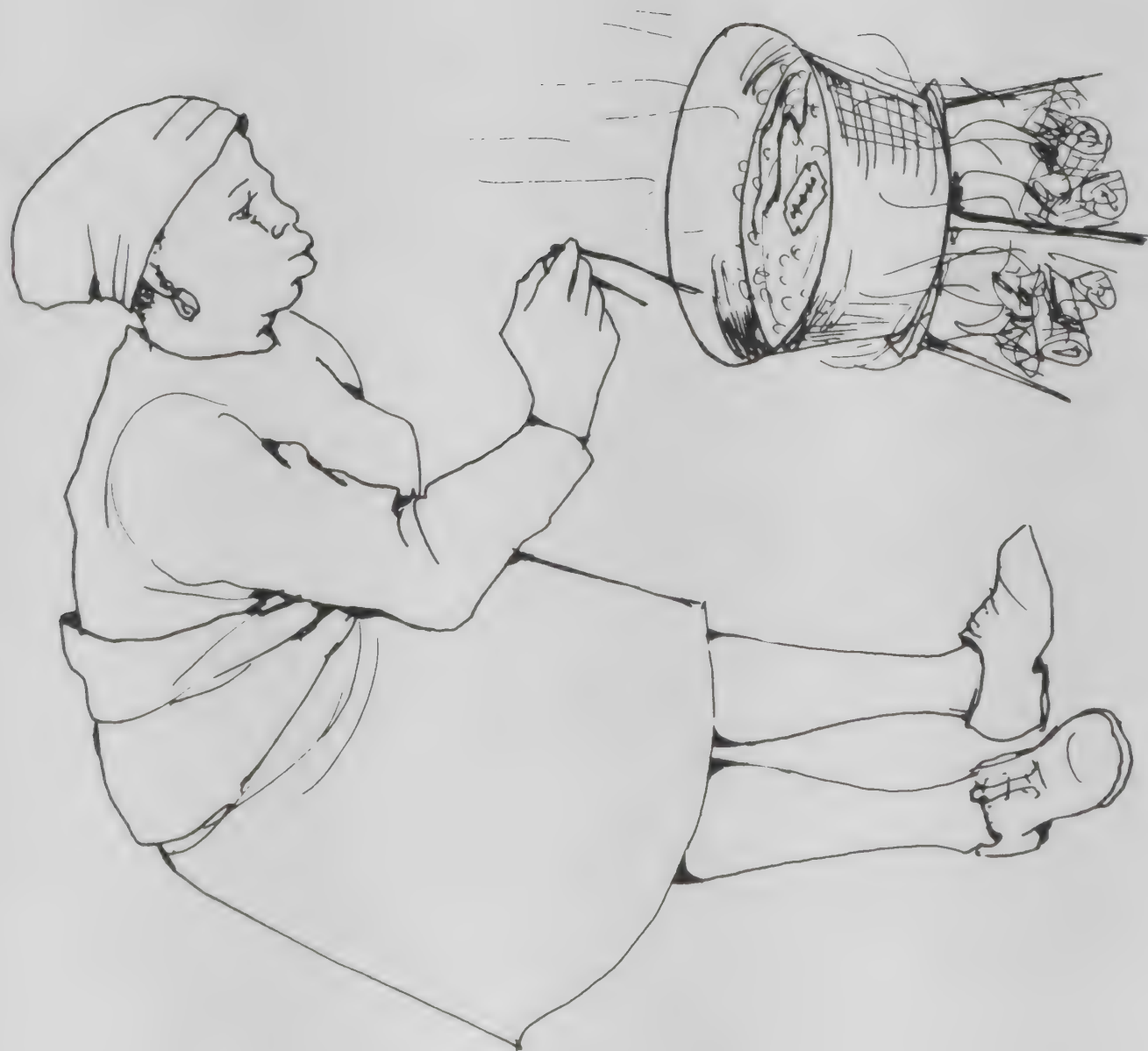








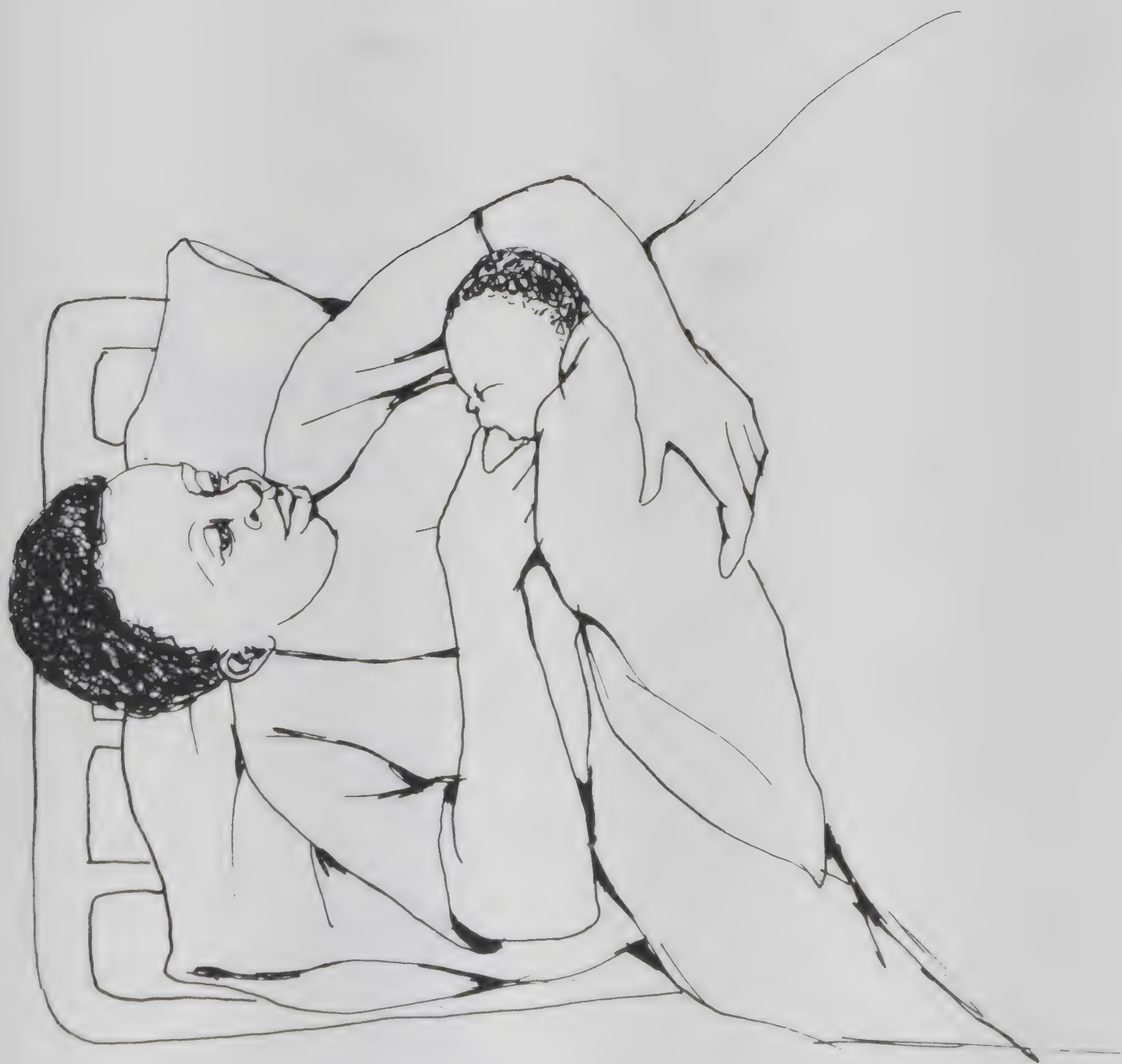










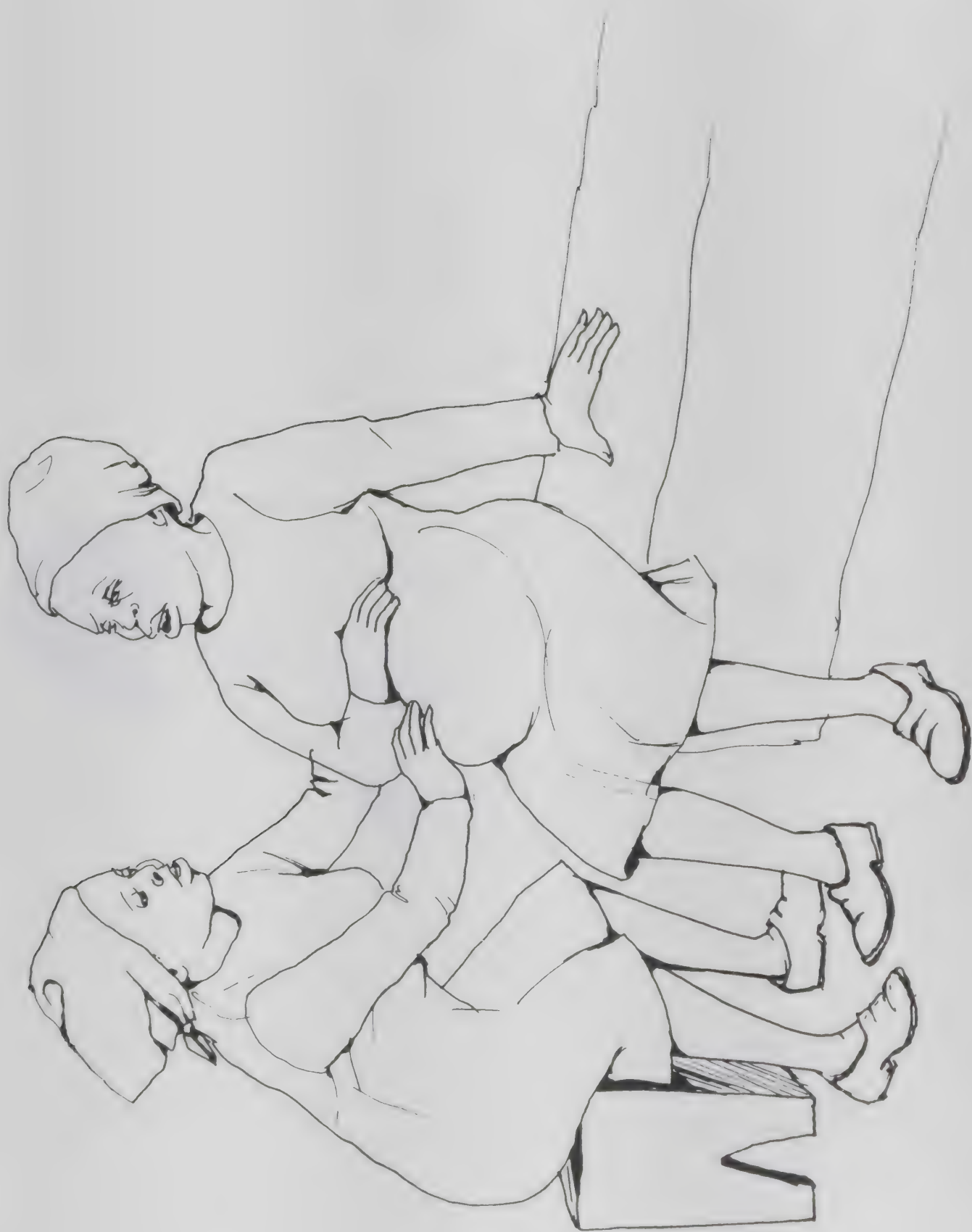








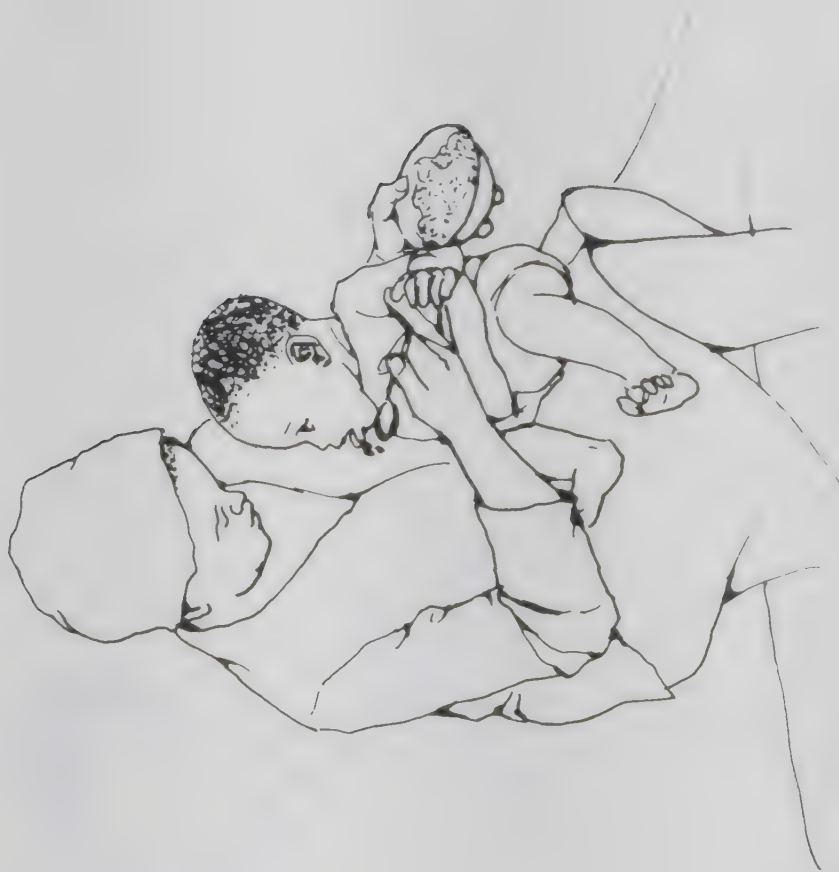


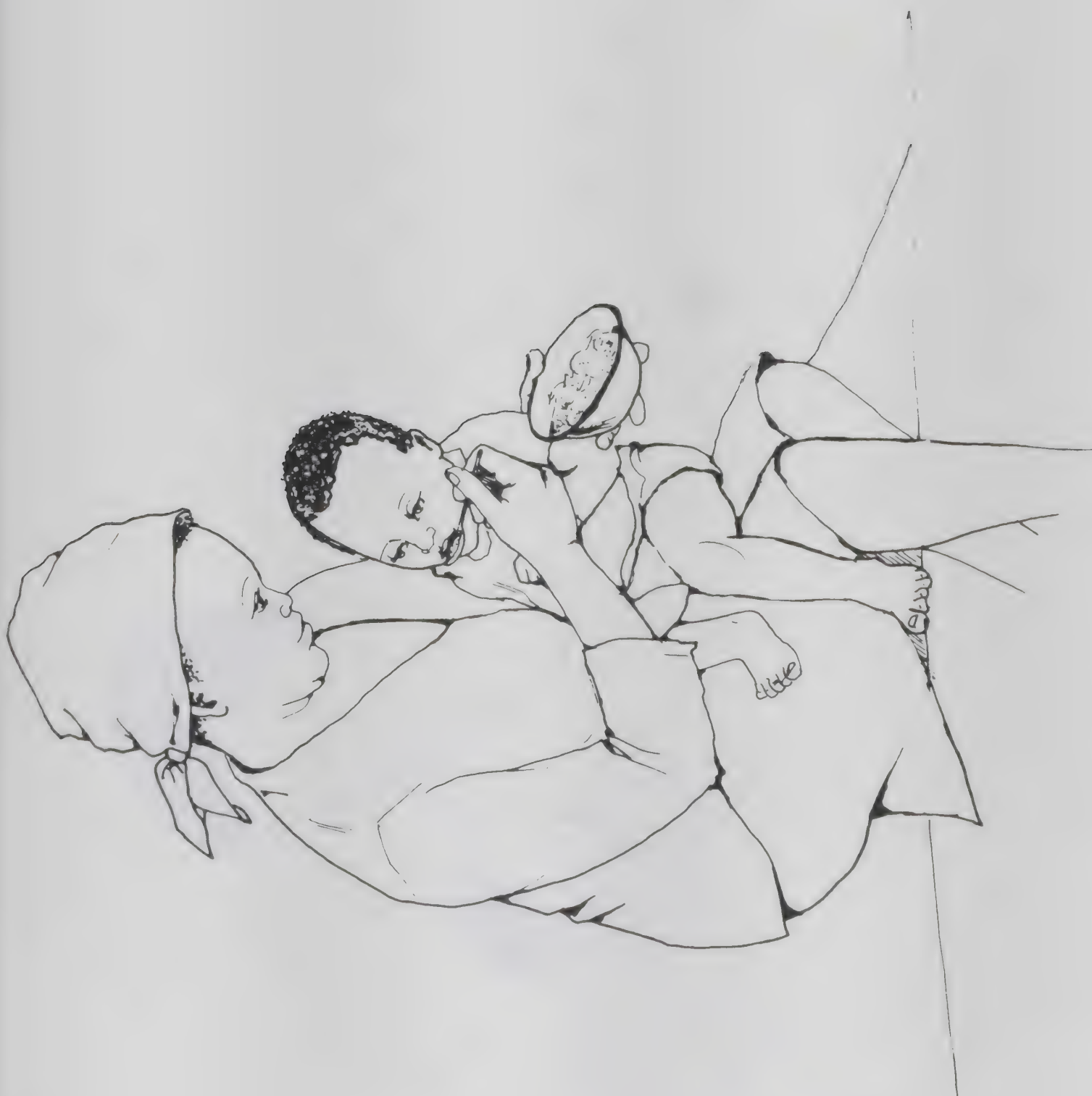




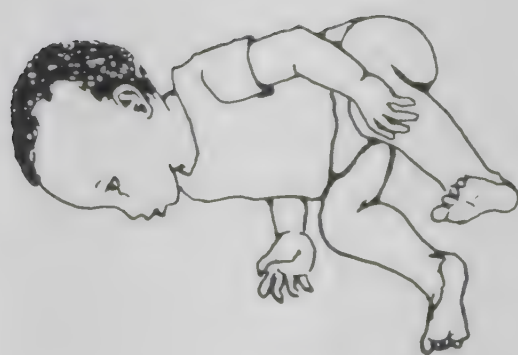








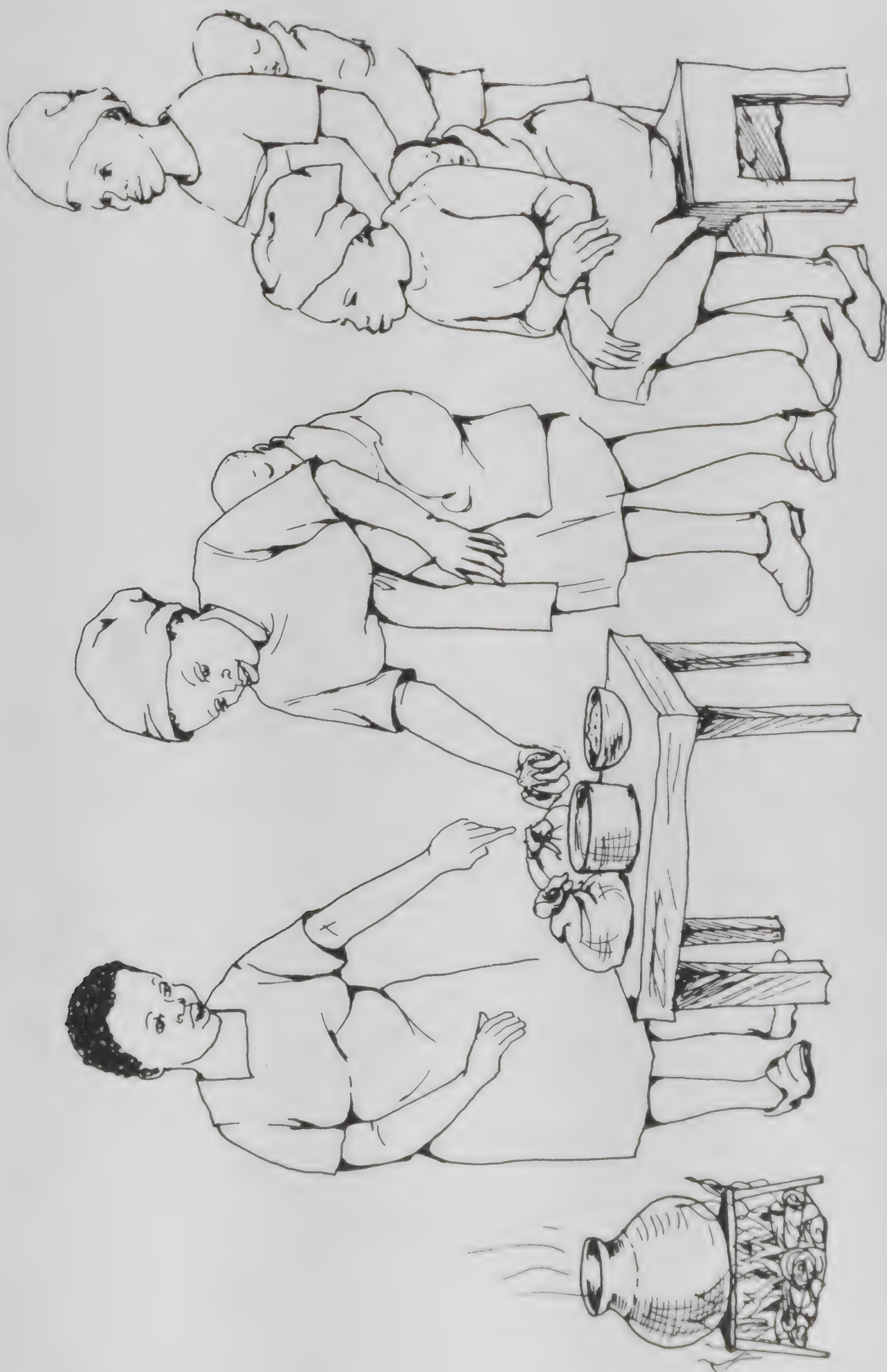
















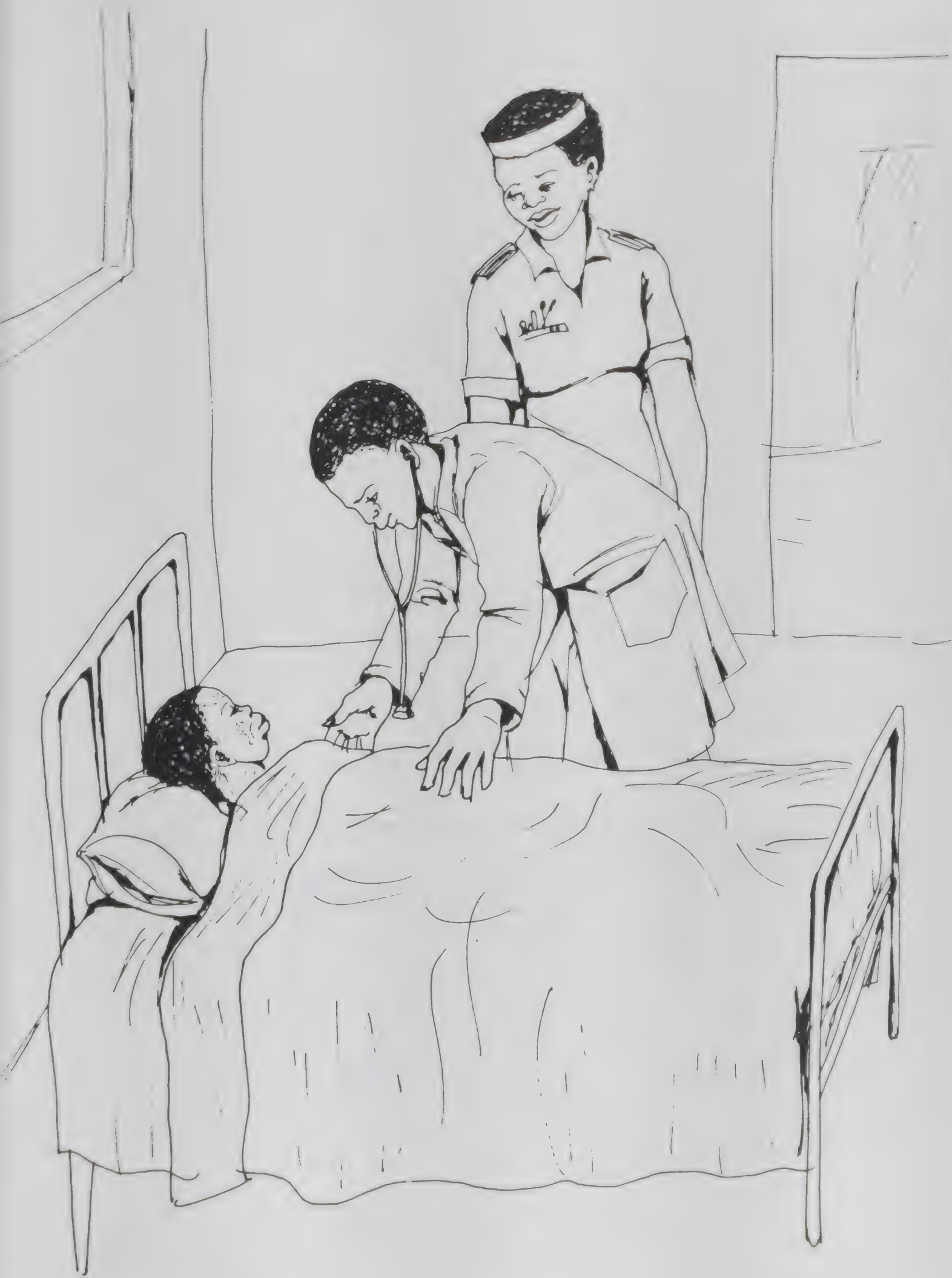




















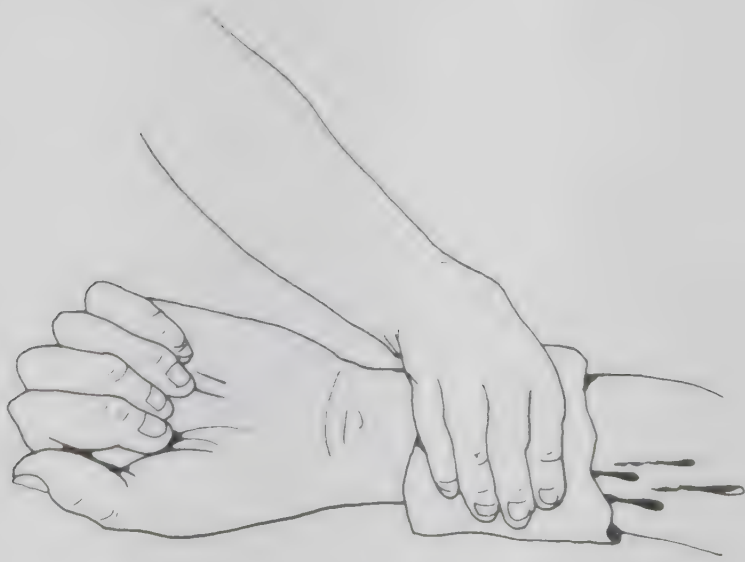




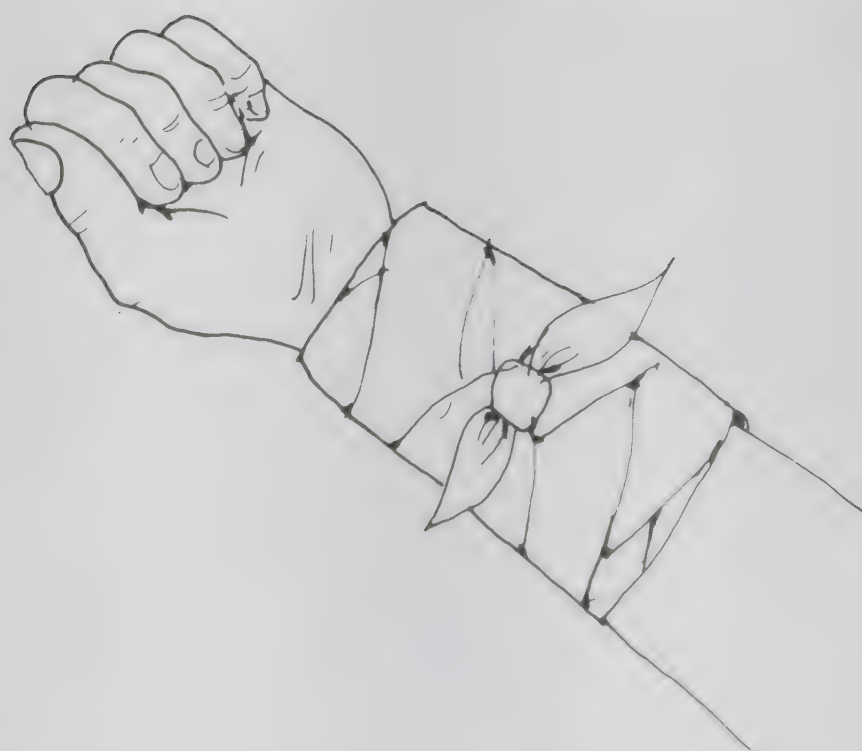
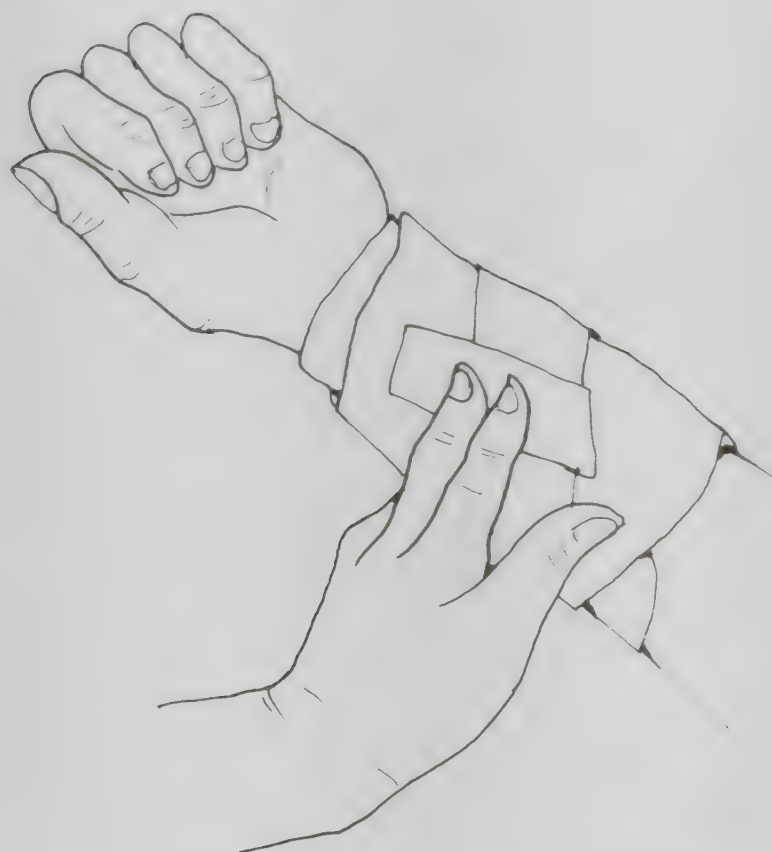


















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